Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage,

<u>www.myTrustmarkBenefits.com</u> or call 1-866-280-4120. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-800-318-2596 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Preferred provider: \$300/individual or \$900/family per calendar year.  Nonpreferred provider: \$1,500 / individual or \$4,500 / family per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.  If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Emergency treatment in the emergency room, and the following services by a preferred provider:  Preventive care, and some office services, are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Preferred provider: \$3,000/individual or \$6,000/family per calendar year.  Nonpreferred provider: \$7,500/individual or \$15,000/family per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.  If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties for failure to obtain precertification for services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.myTrustmarkBenefits.com">www.myTrustmarkBenefits.com</a> or call 1-866-280-4120 for a list of <a href="https://www.myTrustmarkBenefits.com">network</a> <a href="providers">providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider before you get services</u>.</u>
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important
Common Medical Event	Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Information
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /visit ( <u>deductible</u> does not apply)	50% <u>coinsurance</u> after <u>deductible</u>	None.
If you visit a health care provider's office or	Specialist visit	\$40 copay/visit (deductible does not apply)	50% <u>coinsurance</u> after <u>deductible</u>	Includes: Chiropractic & Acupuncture care.  Maximum: \$1,000 combined per calendar year.
clinic	Preventive care/screening/immunization	No charge	50% <u>coinsurance</u> after <u>deductible</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$30 copay/test (deductible does not apply)	50% <u>coinsurance</u> after <u>deductible</u>	None.
	Imaging (CT/PET scans, MRIs)	\$100 copay/test (deductible does not apply)	50% <u>coinsurance</u> after <u>deductible</u>	None.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myTrustmarkBenefits.com</u>.

Common Medical Services You May What You Will Pay		Limitations, Exceptions, & Other		
Event	Need Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Important Information
		Retail: \$10 copay/prescription (deductible does not apply)	Retail: \$10 copay/prescription (deductible does not apply)	Copay applies to a 30-day supply Retail and Specialty drugs or 90 day supply Mail-Order
	Generic drugs	Mail Order: \$10 <u>copay</u> /prescription order ( <u>deductible</u> does not apply)	Mail Order: Not Covered	prescription.  Copay does not apply to preventive drugs required by the Affordable Care Act.
If you need drugs to treat your illness or condition  More information about	Preferred brand	Retail: The greater of a \$20 copay or 15%, up to a maximum copay of \$200	Retail: The greater of a \$20 copay or 15%, up to a maximum copay of \$200	If you use a non-participating pharmacy, you must also pay the difference in cost between a
prescription drug coverage is available at	drugs	Mail Order: The greater of a \$20 copay or 15%, up to a maximum	Mail Order: Not Covered	participating and the non- participating pharmacy.  Specialty drugs are limited to a 30
www.caremark.com or call 1-800-776-1355.	Specialty drugs	copay of \$300  Same as above	Not covered	day supply. First 2 fills allowed at retail; thereafter, additional fills must be made through the CVS Caremark Specialty Pharmacy Program.
	<u>opecialty drugo</u>	ourne de above	Not dovered	Compound drugs over \$300 and all specialty drugs require prior authorization.
If you have outpatient surgery	Facility fee (e.g.,	Outpatient Facility: 10% coinsurance after deductible	Outpatient Facility: \$130 <u>copay</u> , then 50% after <u>deductible</u>	Precertification is required. If you
	ambulatory surgery center)	Ambulatory Surgery/Surgery Center: 10%_coinsurance_after_deductible	Ambulatory Surgery/Surgery Center: \$500 <u>copay</u> , then 50% after <u>deductible</u>	don't get <u>precertification</u> , benefits could be reduced by 50% of the total cost of the service.
	Physician/surgeon fees	10% coinsurance after deductible	50% <u>coinsurance</u> after <u>deductible</u>	None.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myTrustmarkBenefits.com</u>.

Common Medical	Saminas Vau May	What You	What You Will Pay	
Event	Services You May Need	Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Emergency room care	\$150 <u>copay</u> ( <u>deductible</u> does not apply)	Preferred provider benefit applies.	Copay waived if admitted.
If you need immediate medical attention	Emergency medical transportation	10% coinsurance after deductible	Preferred provider benefit applies.	None.
	Urgent care	\$25 <u>copay</u> /visit ( <u>deductible</u> does not apply)	50% <u>coinsurance</u>	None.
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance after deductible	\$300 <u>copay</u> then 50% <u>coinsurance</u> , after <u>deductible</u>	Precertification is required. If you don't get precertification, benefits could be reduced by 50% of the total cost of the service.
	Physician/surgeon fees	10% coinsurance after deductible	50% coinsurance after deductible	None.
If you need mental health, behavioral health, or substance	Outpatient services	In Office: \$25 <u>copay</u> /visit ( <u>deductible</u> does not apply) and 10% <u>coinsurance</u> for other outpatient services	50% coinsurance after deductible	None.
abuse services	Inpatient services	10% coinsurance after deductible	\$300 <u>copay</u> then 50% <u>coinsurance</u> , after <u>deductible</u>	Precertification is required. If you don't get precertification, benefits could be reduced by 50% of the total cost of the service.
	Office visits	First prenatal visit: No Charge \$25 <u>copay</u> thereafter ( <u>deductible</u> does not apply)	50% coinsurance after deductible	Dependent daughters are covered for this benefit.  Cost sharing does not apply for
If you are pregnant	Childbirth/delivery professional services	No charge	50% coinsurance after deductible	preventive services. Depending on the type of services, a coinsurance may apply. Maternity care may
	Childbirth/delivery facility services	10% coinsurance after deductible	\$300 <u>copay</u> then 50% <u>coinsurance</u> , after <u>deductible</u>	include tests and services described elsewhere in the SBC (i.e., ultrasound).

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myTrustmarkBenefits.com</u>.

Common Medical	Services You May Need	What You Will Pay		Limitations Eventions 9 Other
Event		Preferred Provider (You will pay the least)	Nonpreferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	10% coinsurance after deductible	50% coinsurance after deductible	Maximum: 100 visits/calendar year.  Precertification is required. If you don't get precertification, benefits could be reduced by 50% of the total cost of the service.
	Rehabilitation services	\$40 <u>copay</u> /visit ( <u>deductible</u> does not apply)	50% coinsurance after deductible	None.
	Habilitation services	\$40 <u>copay</u> /visit ( <u>deductible</u> does not apply)	50% coinsurance after deductible	None.
If you need help recovering or have other special health needs	Skilled nursing care	10% coinsurance after deductible	50% coinsurance after deductible	Maximum: 60 days per confinement.  Precertification is required. If you don't get precertification, benefits could be reduced by 50% of the total cost of the service.
	Durable medical equipment	10% coinsurance after deductible	50% coinsurance after deductible	Excludes vehicle modifications, home modifications, exercise, and bathroom equipment.
	Hospice services	10% coinsurance after deductible	50% coinsurance after deductible	Precertification is required for inpatient services. If you don't get precertification, benefits could be reduced by 50% of the total cost of the service.
	Children's eye exam	Not covered	Not covered	Not covered.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Not covered.
	Children's dental check-up	Not covered	Not covered	Not covered.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myTrustmarkBenefits.com</u>.

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care

- Infertility treatment (diagnostic testing will be covered up to the max. of \$5,000 per covered person)
- Long-term care

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (Max: \$1,000 combined with chiropractic services per calendar year)
- Bariatric surgery
- Chiropractic care (Max: \$1,000 combined with acupuncture services per calendar year)
- Habilitation services
- Hearing aids (Max: 1/ear every 3 years limit)
- Non-emergency care when traveling outside the U.S. (limited to employee's traveling for the business of the employer)
- Private-duty nursing

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myTrustmarkBenefits.com</u>.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="hwww.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

# Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-280-4120.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-280-4120.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-280-4120.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-280-4120.

### To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myTrustmarkBenefits.com</u>.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$300
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$300	
Copayments	\$500	
Coinsurance	\$1,100	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$1,960	

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$300
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	10%
Other <u>coinsurance</u>	10%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$300	
Copayments	\$2,700	
Coinsurance	\$30	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$3,020	

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$300
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

<b>Total Example Cost</b>	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$300	
Copayments	\$500	
Coinsurance	\$100	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$900	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.