



PROCEED WITH CERTAINTY

INFORMATION REGARDING THE CVS/ CAREMARK MAINTENANCE CHOICE PROGRAM

Maintenance Choice is a CVS/Caremark program that lets you refill your long-term (maintenance) medications. These medications you take for chronic conditions such as high blood pressure, asthma, diabetes and cholesterol.

The Maintenance Choice program is mandatory for all 90-day fills of Maintenance medication unless You opt-out.

The plan provides you with the option of filling a 90-day supply delivered by mail, or you can choose to fill a 90-day supply and pick them up at your local CVS/ pharmacy.

Benefits of doing the 90-day supply:

- You'll pay less for 90-day refills
- · Refills are delivered in discreet packaging
- Shipments can be tracked online at Caremark.com

To get started you can either:

- Call Customer Care at 800-776-1355, or
- Visit Caremark.com/90day
- A CVS/Caremark representative will contact your doctor for a new prescription and handle all the details.

You can OPT-OUT from the Maintenance Choice program and continue filling your 30-day supply of maintenance medication from a network pharmacy. To opt-out from the program, you must contact Customer Care at 1-800-776-1355. You will not benefit from the savings of a 90-day supply since higher retail copays will apply.

Please note: If you continue to fill your prescription in 30-day increments without first opting -out of the Maintenance Choice Program, you will pay 100% of the cost of your long-term medications.

Choices for short-term prescriptions - Prescriptions for supplies of 30 days or fewer (such as antibiotics) may be filled at any participating network pharmacy. A list of pharmacies in your area may be found at **Caremark.com** once you have registered as a member (be sure to have your member ID card in order to register for the first time).

Questions? Visit Caremark.com or call Customer Care at 1-800-776-1355.