![curalinc HEALTHCARE]

Mental Health Navigator

Digital advocacy improves access to personalized mental health support

YOUR JOURNEY STARTS TODAY

Ready to strengthen your emotional fitness? Just answer a few questions and we'll help you get started.

Get Started   Learn More

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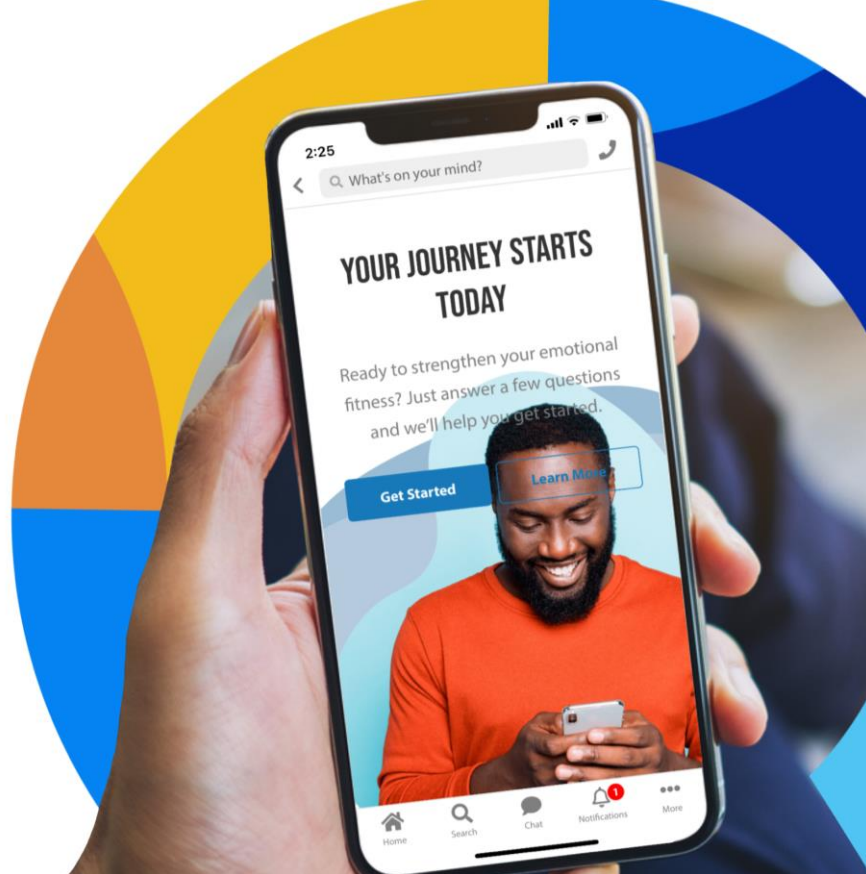
1 in 4 Navigator participants are high-risk for depression, anxiety or stress; and over 1 in 5 open a new case through the app, based on their results.

While most employees prefer to choose a mental health treatment modality based on their personal preference, others need a little additional guidance. CuraLinc's Mental Health Navigator was built with those employees in mind.

Navigator, which is included in every EAP model, leverages a clinically validated assessment to guide employees to personalized mental health support. After completing the short survey, participants receive an Emotional Fitness Report that includes a risk analysis, recommendations and a call to action to schedule therapy or access digital mental health resources. This resource will expedite access to meaningful care for employees who may not have otherwise used the EAP to address their mental health concern.

Desktop or Mobile Access
Participants can use Mental Health Navigator through either of CuraLinc's digital platforms

Clinically Validated Assessment
The survey includes a combination of three clinically validated tools: the DASS, the WOS and the AUDIT

Risk Stratification
Navigator's algorithm uses the results of the assessment to stratify the risk of participants in five categories

Personal Report
Each participant receives an Emotional Fitness Report that illustrates risk and offers personalized recommendations for support

Navigator Plus

CuraLinc clients may choose to buy up to a model ('Plus') that includes the following features:

Custom Entry Point   Access from single sign-on or from a custom login page

Targeted Engagement
Outbound strategy to engage participants who fall into the highest tier of the acuity range.

Incentive Management
Incentives (rewards, points, gift cards) supercharge Navigator participation

Aggregate Reporting   On-demand reporting provides clients with a snapshot of emotional fitness across the organization.