# Clinical Guidance for Everyday Health Issues

## Nurse Line Available 24/7

MyNurse 24/7 support line from CoreSource is a plan member's first resource for immediate clinical guidance on everyday health issues. In addition to helping members avoid unnecessary and costly trips to the doctor or hospital ER, our registered nurses may identify emerging conditions before they become acute medical events.



To deliver personalized support that meets the wellness goals you have for your organization, our highly trained nurses communicate with participants over the telephone and through live chat. They provide easy-to-understand, effective health and wellness information 24 hours a day, 7 days a week, adding an affordable and essential cost-management component to your current health program offerings.

# **Registered Nurses**

Our nurses are trained to engage plan members in improving their own health, provide important and much-needed health information and assist members in their healthcare decision-making processes, based on recognized clinical guidelines and national standards of care. Every day, they make a difference in the lives of members seeking medical advice and employers working to hold down healthcare costs.

### **Health Tools**

Enhanced access to health advice is provided through the HealthCenter, our online personal health management system. A Health Risk Assessment, an interactive self-triage program, a Personal Health Record, wellness programs and other online resources provide members with peace of mind regarding health and wellness decisions for themselves and their families.





#### MyNurse 24/7 offers participants:

- 24/7 healthcare support via telephone and live chat through the HealthCenter
- Health advice in English, Spanish and nearly 150 other languages
- Online health tools and resources
- Population- and condition-specific Health Risk Assessment

#### MyNurse 24/7 offers employers:

- Reporting on member use
- Customized and private-labeled materials and collateral
- Increased productivity, improved attendance and reduced healthcare costs

MyNurse 24/7 is URAC-accredited, and represents one more way that CoreSource is working to improve members' health and to manage employers' healthcare spending.

To learn more about how MyNurse 24/7 can help you meet your health and wellness goals, please contact your CoreSource Sales Executive or Client Manager or call 800.832.3332.







CoreSource solutions







