



## MyNurse 24/7 Support Line

*Clinical guidance for everyday health issues*

### Nurse support 24/7

Thanks to your employer and Trustmark Health Benefits, you have access to medical guidance 24/7/365 at NO COST to you. MyNurse 24/7 is your first resource for immediate clinical guidance on everyday health issues. Support is available in English, Spanish, or 240 other languages.

### Avoid unnecessary trips to the doctor

MyNurse 24/7 helps you avoid unnecessary and expensive trips to the doctor or ER. Plus, our nurses may be able to help identify an emerging condition before it becomes more severe.



## MyNurse 24/7



**To reach a nurse, call**

In case of emergency, please call 911.



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### Contact MyNurse 24/7 for information on:

- Infant care
- Senior care
- Injuries
- Chronic disease symptoms
- A new diagnosis
- Everyday health issues
- And more!